Invitation by Mary Oliver

Oh do you have time to linger for a little while out of your busy

and very important day for the goldfinches that have gathered in a field of thistles

for a musical battle, to see who can sing the highest note, or the lowest,

or the most expressive of mirth or the most tender? Their strong, blunt beaks drink in the air

as they strive melodiously not for your sake and not for mine

and not for the sake of winning but for sheer delight and gratitude – believe us, they say, it is a serious thing

just to be alive on this fresh morning in this broken world I beg you,

do not walk by without pausing to attend to this rather ridiculous performance.

It could mean something.
It could mean everything.
It could be what Rilke meant, when he wrote:
You must change your life.

Praying by Mary Oliver

It doesn't have to be the blue iris, it could be weeds in a vacant lot, or a few small stones; just pay attention, then patch

a few words together and don't try to make them elaborate, this isn't a contest but the doorway

into thanks, and a silence in which another voice may speak.

Poetry and the Spiritual Life

Let your God Love You

Be silent, Be still, Alone, **Empty** Before your God Say nothing, Ask nothing. Be silent, Be still, Let your God Look upon you. That is all. God knows. God understands. God loves you With an enormous love, And only wants To look upon you With that love. Quiet. Still, Be Let your God Love you.

God ran away

God ran away
When we imprisoned her
And put her in a box
Named church.
God would have none of
Our labels and
Limitations

And she said
I will escape and plant myself
In simpler soil
Where those who see, will see,
And those who hear, will hear.
I will become a God-believable
Because I am free,
And go where I will.

By Edwina Gately (Psalms of a laywoman)

Haiku Crucifixion

A cruel death, this Stripped naked, slow dying Body wracked with pain.

Palms shattered – throbbing. Knees twisted, ankles fast locked. Bleeding feet splintered.

Rib-cage stretched taut; Lips dry, tongue swollen. Reviled, Spat upon, cursed.

Darkness and great fear. Faith shaken, God forsaken. Grieving. Abandoned.

At the last, a cry "Finished. Father in your hands I place my spirit."

Shaken the earth. Split The stones. Twice rent the curtain. Terrorstruck, the guard.

"Come down, save yourself" They'd cried. Not so now. "Truly, Son of God," they said.

By Edith Purkiss